Multivitamin, Calcium, Iron & Vitamin Supplements List – 120 products with composition, brand, pack and MRP (November 2026)

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WhatsApp +91 90416 77932 for net rates and monopoly availability

#	Composition	Brand	Form	Pack	MRP
1	**17 Vitamins + Minerals (Comprehensive Pregnancy Formula)**	Pregnabliss	Tablet	10 x 10 Tablets	☐ 1490
2	**5-Methyltetrahydrofolic Acid (Quatrefolic)**	Camfolic	Tablet	10 x 1 x 10 (Blister)	☐ 2650
3	**Amino Acids + Multivitamin + Antioxidant Blend**	Prime-OK	Syrup	200 ml Bottle	☐ 149
4	**Amla (Emblica officinalis) Extract 1000 mg + Vitamin C 40 mg + Zinc 10 mg per effervescent tablet (orange flavour)**	TRUCEE Effervescent Tablet	Effervescent	20 Tablets	☐ 349
5	**Ascorbic Acid (Vitamin C) IP 1000 mg**	TRUCEE-1000 Chewable Tablet	Chewable	10 x 10 Tablets	☐ 1350
6	**Biotin (Vitamin B7) 10 mg**	BIOTIME-10 Tablet	Tablet	10 x 10 Tablets	☐ 990
7	**Biotin (Vitamin B7) 5 mg**	BIOTIME-5 Tablet	Tablet	10 x 10 Tablets	☐ 750
8	**Biotin + Amino Acids + Vitamins + Minerals + Natural Extracts**	Biotime	Tablet	10 x 10 Tablets	☐ 2200
9	**Biotin 10 mg + N-Acetyl L-Cysteine 50 mg + Calcium Pantothenate 100 mg + Sodium Selenite 65 mcg + Cupric Oxide 3 mg + Zinc Oxide 25 mg + Manganese Sulphate 1 mg + Folic Acid 1 mg**	Nyfall-Forte	Tablet	10 x 1 x 10 (Alu-Alu)	☐ 2750
10	**Biotin 5 mg + Methylcobalamin 1500 mcg + L-Methylfolate 1 mg**	Bi-Folitic	Tablet	10 x 10 Tablets	☐ 1890
11	**Calcitriol 0.0625 mcg + Calcium Citrate per ml**	Calcirut	Suspension	100 ml Bottle	☐ 180
12	**Calcitriol 0.25 mcg + Calcium Carbonate 1250 mg + Soy Isoflavones**	Calimac-D3 FEM	Capsule	10 x 1 x 15 (Blister)	☐ 2550
13	**Calcitriol 0.25 mcg + Calcium Carbonate 1250 mg + Zinc**	Calimac-D3 Strong	Capsule	10 x 10 Capsules	☐ 2250
14	**Calcitriol 0.25 mcg + Fish Oil (Omega-3 Acid) DHA 120 mg**	Calimac-CT Max	Capsule	10 x 1 x 15 (Blister)	☐ 3750
15	**Calcium + Phosphorus + Magnesium + Zinc + Vitamin D3 per 5 ml**	Calimac-P	Suspension	200 ml Bottle	☐ 199
16	**Calcium 250 mg + Vitamin D3 200 IU + Copper 1.7 mg + Zinc 7 mg + Selenium 40 mcg**	Calimac-M	Tablet	10 x 15 (Blister)	☐ 1600
17	**Calcium Aspartate 500 mg + Calcium Orotate 100 mg + Zinc**	Calcirut-Forte	Tablet	10 x 10 Tablets	☐ 1450
18	**Calcium Carbonate (Liposomal) 600 mg + Undenatured Collagen Type II 40 mg + Magnesium Oxide 30 mg + Zinc Oxide 7.5 mg + Vitamin D3 (Cholecalciferol) 260 IU + Vitamin C (Liposomal) 30 mg**	COLLACAM-TRIO Tablet	Tablet	10 x 1 x 10 Tablets	☐ 3900
19	**Calcium Carbonate 1250 mg (Equivalent to Elemental Calcium 500 mg)**	Calimac	Tablet	20 x 15 (Blister)	☐ 1790
20	**Calcium Carbonate 1250 mg + Vitamin D3 2000 IU + Methylcobalamin**	Calimac-XT	Tablet	10 x 1 x 15 (Blister)	☐ 2950
21	**Calcium Carbonate 250 mg + Magnesium 75 mg + Zinc 2 mg + Vitamin D3 200 IU**	ZIC-D Suspension	Suspension	200 ml	☐ 132
22	**Calcium Carbonate 600 mg + Undenatured Collagen Peptide Type II**	Calimac-Joints	Capsule	10 x 10 Capsules	☐ 2550
23	**Calcium Carbonate IP 500 mg + Calcitriol IP 0.25 mcg + Zinc + Vitamin K2-7**	Calcirut-K27 Soft	Capsule	10 x 10 Soft Gels	☐ 1750
24	**Calcium Citrate 1000 mg + Calcitriol 0.25 mcg + Magnesium**	Calcirut	Tablet	10 x 10 Tablets	☐ 1320
25	**Calcium Citrate 1000 mg + Magnesium Bisglycinate 340 mg + Methylcobalamin 1500 mcg + Vitamin D3 1000 IU + Vitamin K2-7 90 mcg + Zinc Oxide 15 mg**	CALCIRUT-MG K2-7 Tablet	Tablet	10 x 1 x 10 Tablets	☐ 2750
26	**Calcium Citrate 1000 mg + Vitamin D3**	Zic-D	Tablet	20 x 15 (Blister)	☐ 1980

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27	**Calcium Citrate Malate 250 mg + Vitamin D3 100 IU + Folic Acid**	Calcirut-CCM	Tablet	30 Tab (Bottle)	☐ 340
28	**Calcium Glycerophosphate 500 mg (eq. to elemental calcium 95 mg) + Vitamin D3 400 IU + DHA 10% 60 mg + EPA 90 mg + Vitamin K2-7 (Menaquinone-7) 45 mcg**	BONEFILL-K2 Tablet	Tablet	3 x 3 x 10 Tablets	☐ 2025
29	**Carbonyl Iron 30 mg + Folic Acid 1 mg + Cyanocobalamin per 15 ml**	Iromac	Syrup	200 ml Bottle	☐ 140
30	**Carbonyl Iron 50 mg + Folic Acid 0.5 mg + Zinc**	Iromac	Capsule	20 X 10 (Blister)	☐ 1100
31	**Cholecalciferol (Vit. D3) 60000 IU**	D-OR Chewable	Chewable	10 x 1 x 4 (Blister)	☐ 1008
32	**Cholecalciferol 60000 IU Nano Shots per 5 ml**	D-OR Nano Shots	Nano Shots	5 ml Shot	☐ 300
33	**Cholecalciferol 60000 IU Nano Shots per 5 ml (BFS)**	D-OR Nano Shots	Nano Shots	5 ml BFS Container	☐ 300
34	**Cholecalciferol 60000 IU Nano Shots per 5 ml (Glass)**	D-OR Nano Shots	Nano Shots	5 ml Glass Bottle	☐ 300
35	**Co-Enzyme Q-10 300 mg**	Cam-Q10	Capsule	10 x 1 x 10 (Alu-Alu)	☐ 8950
36	**Coral Calcium 250 mg + Vitamin D3 500 IU**	Coramac-D3	Tablet	10 x 10 Tablets	☐ 750
37	**Dicalcium Malate 1379.3 mg (equivalent to elemental calcium)**	Calcirut-D	Tablet	10 x 10 Tablets	☐ 1490
38	**Ferric Ammonium Citrate 160 mg + Folic Acid 0.5 mg per 15 ml**	Iromac-ONG	Syrup	200 ml Bottle	☐ 149
39	**Ferric Maltol 242 mg (eq. to Elemental Iron 29 mg) + Vitamin C 65 mg + Folic Acid 129 mcg + Vitamin D2 600 IU + Vitamin B12 2.2 mcg per veg capsule**	FEROHIKE-NEXT Capsule	Malt	10 x 1 x 10 Capsules	☐ 2950
40	**Ferric Pyrophosphate (Lipofer iron) 9% eq. to Elemental Iron 11.03 mg + Vitamin C 10 mg + Folic Acid 100 mcg + L-Lysine 70 mg (per dose as labelled)**	FEROHIKE-LIPO Syrup	Syrup	120 ml	☐ 255
41	**Ferrous Ascorbate 100 mg + Folic Acid 1.1 mg + Zinc Sulphate 22.5 mg + Cyanocobalamin 15 mcg**	Iromac-XT Plus	Tablet	10 x 10 Tablets	☐ 1350
42	**Ferrous Ascorbate 100 mg + Folic Acid 1.5 mg + Zinc**	Iromac-XT	Tablet	10 x 10 Tablets	☐ 1200
43	**Ferrous Ascorbate 100 mg + Folic Acid 1.5 mg + Zinc**	Iromac-SG	Capsule	10 x 10 Softgels	☐ 1300
44	**Ferrous Ascorbate 30 mg + Folic Acid 500 mcg + Multivitamin + Multimineral**	Nifer-XT	Syrup	300ml with Carton	☐ 185
45	**Ferrous Ascorbate 30 mg + Folic Acid 550 mcg per 5 ml**	Iromac-XT	Suspension	200 ml Bottle	☐ 165
46	**Ferrous Asparto Glycinate eq. to Elemental Iron 100 mg + L-Methylfolate Calcium 1 mg + Methylcobalamin IP 1500 mcg + Pyridoxal 5-Phosphate 0.5 mg + Cholecalciferol IP 1000 IU**	FEROHIKE-PLUS Tablet	Tablet	10 x 10 Tablets	☐ 2250
47	**Ferrous Bisglycinate 60 mg + Folic Acid 1 mg + Zinc Bisglycinate**	Ferohike-XT	Tablet	10 x 15 (Alu-Alu)	☐ 1800
48	**Ferrous Fumarate 152 mg + Folic Acid 750 mcg + Zinc 22.5 mg**	Iromac-FM	Tablet	10 x 15 (Blister)	☐ 1220
49	**Folic Acid 1.5 mg + Lactic Acid Bacillus 60 Million spores + Niacinamide 100 mg + Riboflavin (Vitamin B2) 10 mg**	Trusmile	Tablet	10 x 15 (Blister)	☐ 770
50	**Folic Acid 5 mg**	Folitic-5	Tablet	10 x 10 Tablets	☐ 507
51	**Folic Acid 5 mg + Biotin 5 mg**	Folitic-B	Tablet	10 x 10 Tablets	☐ 995
52	**GLA + Multivitamin + Multimineral + Amino Acids with Beta-Sitosterol + Grape Seed Extract Tablets**	Kerazest-Men	Tablet	10 x 1 x 10 (Alu-Alu)	☐ 2250
53	**Iodised Peptone with Multivitamin & Multimineral**	Trutonix	Syrup	300 ml with Carton	☐ 249
54	**L-5-Methyltetrahydrofolate Calcium 2.8 mg + Pyridoxal-5-Phosphate 25 mg + Methylcobalamin 2 mg**	FOLITIC-XT Tablet	Tablet	10 x 10 Tablets	☐ 1990
55	**L-Arginine 1000 mg + L-Lysine Hydrochloride 200 mg + Zinc Sulphate Monohydrate 61.8 mg + Ascorbic Acid (Vitamin C) 300 mg + Pyridoxine Hydrochloride (Vitamin B6) 10 mg**	ARGINEP-FORTE Tablet	Tablet	5 x 3 x 10 Tablets	☐ 5985
56	**L-Arginine 1000 mg + L-Lysine Mono HCl 200 mg + Zinc Sulphate 61.8 mg + Calcium Citrate 100 mg + Vitamin B6 1.5 mg**	Arginep	Tablet	10 x 1 x 10 Tablets	☐ 3900

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57	**L-Arginine 3 g + Folic Acid 1.5 mg + Methylcobalamin 1500 mcg + Zinc 4 mg per sachet**	Arginep-Plus	Sachet	20 x 5 g Sachets	☐ 1100
58	**L-Carnitine L-Tartrate 500 mg + Methylcobalamin 1500 mcg**	Zacobal-LC	Tablet	10 x 15 Tablets	☐ 3990
59	**L-Carnitine L-Tartrate 500 mg + Ubidecarenone (Coenzyme Q10) 30 mg**	Ubiwise-LC	Tablet	10 x 10 Tablets	☐ 2550
60	**L-Glutathione 500 mg + Vitamin C 80 mg (Effervescent Tablets)**	Glutawise Effervescent	Effervescent	20 Tab (Bottle)	☐ 899
61	**L-Isoleucine, L-Leucine, L-Valine, L-Lysine HCl, L-Methionine, L-Threonine, L-Phenylalanine, L-Tryptophan, L-Proline, L-Glutamine, L-Arginine + Biotin + Pyridoxine + Folic Acid + Mecobalamin + Carbonyl Iron + Zinc**	Aminocap	Tablet	10 x 10 Tablets	☐ 1350
62	**L-Methylfolate 1 mg + Methylcobalamin 1500 mcg + Pyridoxal 0.5 mg + Vitamin D3 1000 IU + DHA 100 mg**	FOLITIC-D Tablet	Tablet	10 x 10 Tablets	☐ 1650
63	**L-Methylfolate 1 mg + Methylcobalamin 1500 mcg + Pyridoxal-5-Phosphate**	Folitic-Plus	Tablet	10 x 10 Tablets	☐ 1450
64	**Lactic Acid Bacillus + B-Complex + Zinc per 5 ml**	Precam-BC	Syrup	60 ml (Glass Bottle)	☐ 99
65	**Lactic Acid Bacillus + B-Complex + Zinc per 5 ml**	Rubion-LB	Syrup	20 GRAM/60 ml	☐ 77
66	**Lactobacillus + Pyridoxine 3 mg + Niacin + B-Complex + Zinc**	Precam-BC	Capsule	10 x 10 Capsules	☐ 750
67	**Levocarnitine 150 mg + Vitamin E 200 mg**	E-Viva LC	Tablet	10 x 10 Tablets	☐ 1990
68	**Liposomal Calcium as Tricalcium Phosphate 350 mg (eq. to elemental calcium 105 mg) + Vitamin K2-7 12 mcg + Vitamin D2 200 IU per 5 ml (orange flavour)**	CALCIRUT-LP Suspension	Suspension	120 ml	☐ 249
69	**Liposomal Iron (Ferric Pyrophosphate) 30 mg + Vitamin C**	Ferohike-LP	Tablet	10 x 10 Tablets	☐ 2750
70	**Lycopene 1000 mcg + Vitamin A Concentrate 2500 IU + Multivitamins**	Lycorut	Syrup	200 ml Bottle	☐ 140
71	**Lycopene 5000 mcg + Mecobalamin + Multivitamins**	Zacobal-Gold	Sachet	20 x 5 gm	☐ 1540
72	**Magnesium Bisglycinate 350 mg + L-Carnitine L-Tartrate 500 mg**	CARNIPAL-M Tablet	Tablet	10 x 10 Tablets	☐ 2500
73	**Magnesium Glycine Complex eq. to Elemental Magnesium 250 mg + Cholecalciferol IP 1000 IU + Ascorbic Acid IP 100 mg + Zinc Oxide IP eq. to Zinc 10 mg + Methylcobalamin IP 750 mcg**	MG-WISE FORTE Tablet	Tablet	10 x 10 Tablets	☐ 3500
74	**Magnesium Glycine Complex eq. to Elemental Magnesium 250 mg + Vitamin D3 IP 1000 IU**	MG-WISE D3 Tablet	Tablet	15 x 1 x 10 Tablets	☐ 4485
75	**Methylcobalamin + B-Complex + Vitamin D + Minerals**	Zacobal-Forte	Capsule	10 x 10 Capsules	☐ 2250
76	**Methylcobalamin + Multivitamins + Multiminerals + ALA**	Zacobal-Plus	Capsule	10 x 1 x 15 (Blister)	☐ 2990
77	**Methylcobalamin 1500 mcg (Sublingual)**	Zacobal-1500 Sublingual	Sublingual	10 x 10 Tablets	☐ 1150
78	**Methylcobalamin 1500 mcg + Alpha Lipoic Acid + Benfotiamine**	Zacobal-Plus BT	Capsule	10 x 1 x 15 (Blister)	☐ 3990
79	**Methylcobalamin 1500 mcg + Alpha Lipoic Acid + Cholecalciferol**	Zacobal-D3	Tablet	10 x 10 Tablets	☐ 1990
80	**Methylcobalamin 1500 mcg + Alpha Lipoic Acid 100 mg + Folic Acid 1.5 mg + Benfothiamine 50 mg + Biotin 5 mg + Vitamin B6 3 mg**	Mecorut-Forte	Capsule	10 x 1 x 10 (Alu-Alu)	☐ 2250
81	**Methylcobalamin 500 mcg**	Zacobal-500	Tablet	10 x 10 Tablets	☐ 850
82	**Methylcobalamin 500 mcg + Cholecalciferol per 5 ml**	Zacobal 200 ml	Syrup	200 ml Bottle	☐ 144
83	**Methylcobalamin 500 mcg + Vitamin Complex + Multimineral**	Zacobal-Plus 200 ml	Syrup	200 ml Bottle	☐ 165
84	**Multivitamin + Multimineral (men's formula)**	REVIBEST-H Men Capsule	Capsule	30 Capsules	☐ 299
85	**Multivitamin + Multimineral (women's formula)**	REVIBEST-H Women Tablet	Tablet	30 Tablets	☐ 299
86	**Multivitamin + Multimineral + Amino Acids + Antioxidants**	Prime-OK	Tablet	10 x 10 Tablets	☐ 1500
87	**Multivitamin + Multimineral + Antioxidant Suspension**	Truvon	Syrup	200 ml Bottle	☐ 180
88	**Multivitamin + Multimineral + Protein Malt Blend**	Nutribliss Malt	Powder	200 g Jar	☐ 295

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89	**Multivitamin + Multimineral + Zinc + L-Lysine**	Zinomac-Plus	Syrup	200 ml Bottle	☐ 155
90	**Multivitamin, Multimineral & Antioxidant Tablets**	Actidyn	Tablet	10 x 1 x 15 Tablets	☐ 1450
91	**Multivitamin, Multimineral & Lycopene Tablets**	AZ-Force	Tablet	10 x 1 x 15 (Alu Alu)	☐ 1990
92	**Multivitamins + Carbohydrates + Amino Acids + Antioxidants**	Prime-OK	Sachet	20 x 5 gm	☐ 800
93	**Multivitamins + Multiminerals + Antioxidants**	Rubion 200 ml	Syrup	200 ml Bottle	☐ 132
94	**Multivitamins + Multiminerals + Antioxidants**	Rubion 225 ml	Syrup	225 ml Bottle	☐ 120
95	**Multivitamins + Multiminerals + Antioxidants**	Rubion 100 ml	Syrup	100 ml Bottle	☐ 75
96	**Multivitamins, multiminerals and amino acids with taurine and ginseng extract**	PRIME-OK Tablet	Tablet	10 x 1 x 15 Tablets	☐ 1500
97	**N-Acetyl L-Cysteine 300 mg + Magnesium 250 mg + L-Arginine 200 mg + Ginkgo Biloba Extract 120 mg + Vitamin C 40 mg + Zinc 12 mg + Vitamin E 8 mg + Vitamin A 600 mcg + Vitamin D3 400 IU**	GINMAC-PLUS Tablet	Tablet	10 x 10 Tablets	☐ 2990
98	**Natural Extracts + Multiminerals + Multivitamins + Amino Acids**	Trugrace	Capsule	10 x 10 Capsules	☐ 1950
99	**Omega-3 vegetarian DHA (algal DHA 10%) 50 mg per serving, strawberry flavour**	MEGARUT Gummies	Gummies	30 Gummies	☐ 499
100	**Per 2.5 g gummy: Vitamin C 12 mg + Vitamin E 2.5 mg + Pantothenic Acid 1.25 mg + Vitamin A 187.5 mcg + Folic Acid 50 mcg + Vitamin D2 1.25 mcg + Vitamin B12 1 mcg + Zinc 1 mg + Magnesium 0.5 mg + Iodine 19 mcg + Sodium 4 mg (strawberry flavour)**	TRUSMART-KIDS Multivitamin Gummies	Gummies	30 Gummies	☐ 499
101	**Protein + Iron + Calcium + Multivitamin**	Promune	Syrup	200 ml Bottle	☐ 132
102	**Pyridoxine HCl 3 mg + Nicotinamide 100 mg + Cyanocobalamin + Zinc + Selenium**	Cobavent-CZS	Tablet	10 x 30 (Blister)	☐ 1100
103	**Pyridoxine Hydrochloride 100 mg (sustained release) + Folic Acid 5 mg**	BIGWISE-F Tablet	Tablet	10 x 1 x 10 Tablets	☐ 750
104	**Sodium Feredetate BP 231 mg (equivalent to 33 mg elemental iron) + Folic Acid IP 1.5 mg + Cyanocobalamin IP 15 mcg**	REDFER Tablet	Tablet	10 x 10 Tablets	☐ 750
105	**Soya Isoflavones + Multivitamins + Multiminerals**	Isoflac	Capsule	10 x 10 Capsules	☐ 1750
106	**Thiamine 1.7 mg + Nicotinamide 14 mg + Calcium Pantothenate + Pyridoxine + Cyanocobalamin (high-strength B-complex)**	Becowise-Forte	Tablet	10 x 20 (Strip)	☐ 990
107	**Thiamine 1.7 mg + Riboflavin 2.4 mg + Pyridoxine 1.9 mg + Cyanocobalamin 2.2 mcg + Nicotinamide 14 mg + Calcium Pantothenate 5 mg**	Mecorut-Forte	Tablet	10 x 30 (Blister)	☐ 700
108	**Thiamine HCl 2 mg + Riboflavin Sodium Phosphate + Pyridoxine + Nicotinamide + Calcium Pantothenate + Cyanocobalamin per 5 ml**	Becowise	Syrup	120 ml Bottle	☐ 99
109	**Vit A + B1 + B2 + B6 + B12 + Nicotinamide + Multiminerals**	Rubion	Tablet	10 x 10 Tablets	☐ 850
110	**Vitamin B1 2.3mg + B2 3.2mg + B6 2.4mg + B12 + Pantothenic Acid + Niacinamide (multi-B-vitamin combination)**	Becowise	Capsule	10 x 15 (Strip)	☐ 1200
111	**Vitamin C + Zinc + B-Complex + Antioxidants**	Trucee-Trio Chewable	Chewable	10 x 10 Tablets	☐ 990
112	**Vitamin C 11 mg + Niacin 1.5 mg + Biotin 40 mcg + Vitamin E 1.5 mg + Pantothenate 0.5 mg + Folic Acid 25 mcg + Calcium 105 mg + Magnesium 12.5 mg + Iron 1 mg + Zinc 0.75 mg + Cl 0.2 mg + Copper 0.2 mg + Selenium 5 mcg + Isoflavones 50 mg + Grape Seed Extract 20 mg**	NYFALL+ Tablet	Tablet	60 Tablets	☐ 1499
113	**Vitamin C 150 mg + Methylcobalamin 500 mcg (Twin Pack)**	Zacobal-C Twin Pack	Tablet	Twin Tablet Pack	☐ 85
114	**Vitamin C 500 mg + Vitamin D3 1000 IU + Vitamin A 1000 IU + Zinc 25 mg + Vitamin B1 1.5 mg + Vitamin B2 2.1 mg + Vitamin B6 0.75 mg + Niacinamide 10 mg + Calcium Pantothenate 5 mg**	RUBION-FORTE Tablet	Tablet	10 x 15 Tablets	☐ 1550
115	**Vitamin C 500 mg + Zinc**	Trucee-Z 500 Chewable	Chewable	10 x 10 Tablets	☐ 750
116	**Vitamin D3 (Cholecalciferol) 60000 IU**	D-OR	Sachet	4 x 1 g Sachets / 8 x 1 g Sachets	☐ 1450

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117	**Zinc Acetate**	Zinomac	Tablet	10 x 15 (Alu-Alu)	☐ 1800
118	**Zinc Acetate 50 mg**	Zinomac-50	Tablet	10 x 10 Tablets	☐ 690
119	**Zinc Acetate eq. to Elemental Zinc 20 mg/5 ml**	Zinomac	Oral Solution	100 ml	☐ 77
120	**Zinc Gluconate eq. to Elemental Zinc 20 mg/5 ml**	Zincorut	Oral Solution	100 ml	☐ 85

Source: Trumac Healthcare catalogue, November 2026. Compositions follow the product label; "On request" means the MRP depends on the current batch. All 21 medicine lists by therapy: https://www.trumachealthcare.net/medicine-lists/. This PDF may be shared with chemists, distributors and doctors.